NOVEMBER 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27		28	29	30	31	1 All Saints' Day	2 All Souls' Day
3	Resumed 4th Sunday after Epiphany	4 Bible Study p.m.	5 Parish Consecration to Our Lady begins	6	7	8 Abortion Vigil Noon	9 Ladies Tea hosted by Roses of Mary
10	Resumed 5th Sunday after Epiphany	11 Adult Catechism Class 7 p.m.	12	13	14	15	16 Altar Guild Men's Schola
17	Resumed 6th Sunday after Epiphany	18 Bible Study 7 p.m.	19	20	21	22	23
24	24th and Last Sunday after Pentecost	25 Adult Catechism Class 7 p.m.	26	27	28 Thanksgiving Day Mass at 8 a.m.		30 All-Night Adoration ends 7:45 a.m.

Church Location: 626 Aspen Dr.	VOLUNTEERS St. Benedict Altar Guild Fr. Dennis Gordon: (719) 382-0121	Please pray for:		
Security, Colo. 80911 (719) 382-0121	Nathan Wike: cosfssp.altarguild@gmail.com Choir Kelsey Villalobos: (719) 651-9800	Parishioners who serve our nation: 2nd. Lt. Andrew Rodgers, U.S. Army		
Mailing Address: P.O. Box 5211 Colorado Springs, Colo. 80931-5211	Ushers Kris McCowen: (719) 352-1519 Pro-Life Events Michael Smiley (719) 502-9149 Michelle Smiley (719) 447-7236	Master Sgt. Chris Biery, U.S. Air ForceLt. Col. Lynn W. Sullivan, U.S. Army1st Lt. Jack Deeney, U.S. ArmyStaff Sgt. Marc Snyder, U.S. Marine CorpsSpec. 2 Victor Follis, U.S. Space ForcePvt. Michael Thomo, U.S. Army		
Sacramental Emergency: (719) 464-6129 Parish Registration, Records, Inquiries: cosfssp@gmail.com	Home-Schoolers' First Friday Gracey Wike: cosfssp.homeschoolgroup@gmail.com Young Roses of Mary Girls' Group Amy Seltzer: caseltzer@gmail.com Take-Them-a-Meal/Sunday Brunch Marcella Guilez dmjmfamilylove@aol.com	Petty Officer 1st Class Paula Gennitti, U.S. Navy2nd Lt. Jacob Vore, U.S. Space Force1st Lt. Adam Giammattei, U.S. ArmySgt. Daniel Walsh, U.S. Army1st Lt. Adam Giammattei, U.S. ArmySr. Airman Thomas Walsh, U.S. Air ForceLt. Col. Nathan Wike, U.S. ArmyLt. Col. Nathan Wike, U.S. Army1st Lt. Jeffrey LaCoste, U.S. Space ForceMaster Sgt. A. Youngblood, U.S. Army		
www.COSFSSP.org	HousekeepingJennifer Villalobos:(719) 651-8135BulletinJill Demian:JMDemian@tutanota.com	1st Lt. Mary McCowen, U.S. Army Sgt.1st Class Cinthya Zuniga, U.S. Army		

IMMACULATE CONCEPTION CATHOLIC CHURCH

Priestly Fraternity of St. Peter ~ Tridentine Mass



7 a.m. 9 a.m.

11 a.m.

4 p.m.

8 a.m.

6 p.m.

8 a.m.

7 p.m.

PASTOR: FR. JAMES GORDON, F.S.S.P. ASSISTANT PASTOR: FR. DENNIS GORDON, F.S.S.P.

IN SILENCE with GOD: First Thoughts and Emotions

In Silence with God, by Abbot Benedict Baur, O.S.B.

There is one special form of temptation that raises its head in the first thoughts and emotions we are constantly experiencing. First impressions — the moment we become aware of anything - produce a natural, involuntary reaction that determines our later attitude. Sometimes it calls forth judgements that are unloving or rebellious thoughts based on self-sufficiency or vanity, on envy, jealousy, superiority, bitterness, anger, impatience or curiosity, sensuality, attraction, and repulsion; a whole wilderness of involuntary thoughts and emotions that take priority over free will and cause us, generally speaking, a great deal of trouble.

First thoughts and emotions are not sins. They are natural and necessary processes, leading to the determination of free will. It is inevitable that a nature not yet perfect should have, for example, impulses of envy and jealousy the moment it sees more honor paid to a fellow man. It depends largely on the nature of an individual — whether he is drawn to certain people, repelled by others. Some people are by nature quickly excited when anything goes wrong — when their will is crossed or their plans or wishes miscarry. A man may do his utmost to rise above physical desires to a more spiritual plane and yet continue to have the most disturbingly sensual thoughts and desires.

First thoughts and emotions, carrying within them the germs of temptation, are a true cross to be borne by the aspirant to virtue; they are trials sent by God in His divine love God allows us to be subject to these reactions in order that they may reduce us to shame and show us our own inner corruption; how much in us is still ugly, lawless, unworthy, perverted, and ignoble; how mean and unspiritual we are in our thoughts, judgments, wishes, impulses, feelings, attractions, and repulsions.

The cross is a healing medium. That is God's purpose in the many painful and humiliating thoughts and emotions He allows us to experience. If we approach these perversions in the right way, we can draw healing benefits from our pride and self-conceit, from our selfsatisfaction and self-love. This healing comes about when we recognize how wicked and selfish, how small-minded, mean, and illintentioned we are by nature, and how greatly we stand in need of God's help and grace. They can actually become a means of healing. Daily and hourly these thoughts and emotions give us renewed proof of our inner corruption. As we recognize what our faults are, we become willing to learn, and this fortifies us in the virtue that is the foundation and necessary starting point of all virtue - humility. "It is good for me that Thou has humbled me; that I may learn justification" (Psalm 118:71).

These thoughts and feelings can become indispensable aids to virtue and holiness. An emotion contrary to love may arise. No sooner are we aware of this than our will steps in to counteract the thought — and a blow has been struck for the virtue of love. We may become aware of a prompting to impatience. At once

Upcoming Parish Events

November 11 ~ Adult Catechism

Fr. James Gordon will continue his series of lectures on Spiritual Theology 7 p.m. in the Parish Hall.

November 16 ~ St. Gregory Men's Schola

The men-only schola will rehearse Saturday from 9:30 a.m.-11 a.m. For more information or to join, contact Kelsey Villalobos, (719) 651-9800.

November 16 ~ Altar Guild

Altar-serving practice after 8 a.m. Mass. For more information or to join, contact Fr. Dennis Gordon, (719) 382-0121.

November 18 ~ *Bible Study*

Fr. Dennis Gordon continues his lectures on the Gospel of Matthew, 7 p.m. in the Parish Hall. Next week: chapter 27.

we turn to our Lord, declaring ourselves ready to submit to the unpleasantness with which we are faced — and thereby practice the virtue of patience. A feeling of selfsatisfaction may arise in us. It reminds us that we are still in bondage to personal pride. Instantly we convert the thought into an act of humility.

We meet the first stirrings of sensuality with the assertion "I belong to Thee, O Lord," and a prayer for the virtue of chastity stands to our account. In this manner, first thoughts and emotions become daily and hourly opportunities to strengthen ourselves in virtue, in grace. In fact, we should be deprived of endless opportunities if God sent us no first thoughts and emotions. All that is necessary is to recognize these impromptu inner processes and to handle them in the right way.

Not only our peace of mind but also the development of our inner life in its striving toward virtue hinges largely on the manner in which we relate ourselves for practical purposes to first thoughts and emotions. Here we come to the parting of ways. Should we take the left-hand road, which leads to selfindulgence and self-love, or the right-hand road of self-humiliation and loving submission to the cross that is laid upon us?

Many allow themselves to be confused by first thoughts and emotions. They regard them as sins that cannot be overcome and, discouraged, give up the struggle before it has really begun. Others believe they can eventually rid themselves of these thoughts and emotions and imagine that perfection will have been reached if only they can accomplish this task.

They are unhappy and angry that such feelings keep recurring; so beset with self-love and secret pride they are. Many, if not most of us, are not quite clear in their minds about these thoughts and emotions and adopt a defensive attitude toward them. Consequently, such people become excited and nerv-

MASS INTENTIONS FOR THIS WEEK

Monday, November 11 ~ St. Martin of Tours 8 a.m. — Melissa A. Steenson

Tuesday, November 12 ~ *St. Martin I* 8 a.m. — Jordan Flanegin, by Greg Strobel

Wednesday, November 13 ~ St. Frances Xavier Cabrini 8 a.m. — Joseph Ivancik, by Ivancik Family

Thursday, November 14 ~ St. Josaphat 6 p.m. — + Mildred Breitenstein, by G. Breitenstein

Friday, November 15 ~ St. Albert the Great 8 a.m. — + Arnold Robles

Saturday, November 16 ~ St. Gertrude the Great 8 a.m. — Walsh Family, by John Walsh

Sunday, November 17 \sim Sixth Resumed Sunday after

Epiphany 7 a.m. — Private Intention 9 a.m. — + Della TeGrotenhuis, by John TeGrotenhuis 11 a.m. — *Pro Populo*

Fr. James and Fr. Dennis Gordon are accepting Mass intentions. Limit one Mass intention per family per month.

ous. They live in daily apprehension lest a feeling of selfsatisfaction, an impure idea, an unloving thought, or a momentary impulse of impatience should assail them. Without knowing it, they increase their tendency to these reactions by their very effort to repress them. Sinking deeper and deeper into remorse and confusion, they subject themselves to mental torture and become victims to the very self-preoccupations with which they are trying to fight their rebellious feelings.

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Certainly we are obliged to fight our rebellious feelings, but in the right way. The most important point is to see them in true perspective — that is, as things that God sends to spur us on to perfection in virtue. We do not desire them and we must never lose sight of this. But we must submit humbly and patiently to the recognition of our failings and acknowledge our unworthiness.

Instead of this, we so often go to work at them the wrong way by asserting ourselves and seeking forcefully to repress them. We take pains to knock on the head of everything that awakens in us. It is almost as if our piety demanded to be shielded against all annoyances.